

determined. Be yielded to God.

You can be free. Be patient with yourself. Be and with you and who will help you through this.

Christian people. Have a friend who will pray for you. Read the Bible. Fill your mind with God. Be with you.

to be free. Follow the advice of people who can help show you who can help. Do the things you need to do. Ask for Him to show you how to get free. Ask Him to forgive you.

Jesus. Admit your sin. Ask for forgiveness. He will He will help you. First, you must confess your sin to He wants you to be free.

You have to want to be free. God is very powerful. normal...it will never be as it was before you started. back to normal, and a year to come back to almost

It will take 3 to 4 months for your brain to begin to come others. You will need God and prayer. Getting free will take work. You will need the help of

For gambling: The next time will be the big one!

Or... No one will know.

smart. You want to be "with it".

It will make you forget your troubles. It makes you look You don't want to be a baby. It's a grownup thing to do.

Everyone is doing it! It's exciting!

It's fun! Try it. One time will not hurt.

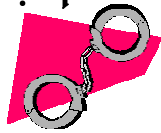
What is that lie?

Because they have believed a lie.

pornography, etc?

alcohol, drugs, smoking, gambling,

Why are so many people in bondage to



Bondage and Addiction

The Bible says, "...be sure, you sin will find you out."

Numbers 32:23

Satan tells you lies....like....no one will know.

The Bible says, "Wine is a mocker, strong drink is raging: whosoever is fooled by it is not wise."

Proverbs 20:1

"Look not upon wine when it is red....at last, it bites like a serpent." Proverbs 23:31, 32

Satan tells you....One time won't hurt. It is just being sociable. You don't want to be the only one not drinking.

Drugs change the chemicals in your brain.

Some drugs...one time...changes the brain cells permanently. Once the chemicals are changed,

getting your brain back to normal, is almost impossible. Trying it "one time"—is no light thing.

Alcohol and drugs change the chemicals in your brain....the chemicals that control the desire center of your brain.

You lose the ability to make good decisions.

You lose the ability to choose to stop.

People tell themselves ...I can stop any time I want.

—yet, they do not stop and can not.

Looking at pornography (sexual pictures)

also makes more of certain chemicals in the brain in the desire center.

Soon you want to see more and more, and the pictures get worse and worse.

It takes more and more to get you excited.

Gambling works much the same way.

It is always the "next time" that is going to be the lucky one.

Your brain and your spirit are closely connected.

When you are doing these things....the chemicals are changing the way your brain works. Not only is your brain being changed, but you are making an opening in your spirit for Satan to pull you into more and more.

You may think of yourself as only a body.

But you are really a spirit with a body.

Your spirit is being opened to the control of a power that will destroy it.