

How different our life would be if we really did this every day!

How different would be our attitude and outlook on life!

Let us try to make this happen in our lives.

"I will bless the Lord at all times: His praise shall continually be in my mouth." Psalm 34:1

Promises from the Bible



Promises from the Bible

"What time I am afraid, I will trust in You Psalm 56:3

King Saul was trying to find David to kill him.

David went to a neighboring country. He thoughthat he would be safe there. But some of the

- king's men were afraid of David and were thinking of killing him. 1 Samuel 21
- Pavid was very afraid of what they would do.

 He acted like he was crazy—they let him go.

 Later, David wrote this psalm.
- Sometimes we are in a place that becomes dangerous. Sometimes people make us afraid. Sometimes we are afraid because do not have enough money to pay the bills. We are afraid because we have a bad sickness.

David made a choice. He decided he would trust God even when he was afraid.



