

I will never leave thee, nor forsake thee,....The Lord is my helper, and I will not fear what man shall do unto me. Hebrews 13:5

We have fear for many things. We fear what people will do or say—to us—or about us. We fear what will happen in the future. We fear that people may find out about our past. Jesus will be with us—we do not need to fear. We can choose to trust and have faith. Faith and fear can not be at the same time. We choose to have faith or we choose to fear.

Promises From the Bible

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You shall receive power after that the Holy Ghost is come upon you. Acts 1:8

This verse goes on to say that we are to be a witness to others about Jesus.

This Holy Ghost (Spirit) gives us power to live a holy life. He brings us into all truth. He shows us how to live to please God. He gives us power to live without sin. We must yield to obeying the Holy Spirit. But He will be faithful to speak to our hearts. We must learn to listen. We must learn how to know His quiet voice to our hearts. Our lives will be so strong when we learn how to listen to the Holy Spirit.

The Lord will give strength unto his people; the Lord will bless his people with peace. Psalms 29:11

The Lord gives us strength not just for our physical body but for our emotions—our heart, our minds. He gives us peace, courage. He makes us calm. We have to yield to the Holy Spirit and not keep our worries. We have to be willing to give them to Jesus and begin thinking thoughts of faith and trust.

Promises From the Bible

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Not by might, nor by power, but by my spirit says the Lord. Zechariah 4:6

Prayer and God's Spirit can do much more than we can. We try, we plan, we do much work trying to make things happen. We talk and try to get people to do things.

Do we pray? The Holy Spirit can do much more than we can. The Holy Spirit can talk to people in their hearts. The Holy Spirit can make things happen in this world.

It is not by our strength that things happen or people change—the Holy Spirit works, it is His power. Pray more. Trust more.

