



God. He knows how to help us do anything.
 Nothing is too hard for
 along with them.
 to say, and how to get
 Jesus to help you know what
 Ask Jesus to help you with people. Look to

thing in a good way.
 depending on Him to help you succeed and do the
 to Jesus—every minute—tell Him that you are
 thing you must do—keep looking
 Ask Jesus to help you. As you work on doing the
 are wondering if you can do it?

Do you have something you need to do, but you
 who gives me strength. *Philippians 4:13*

I can do all things through Christ

Promises From the Bible

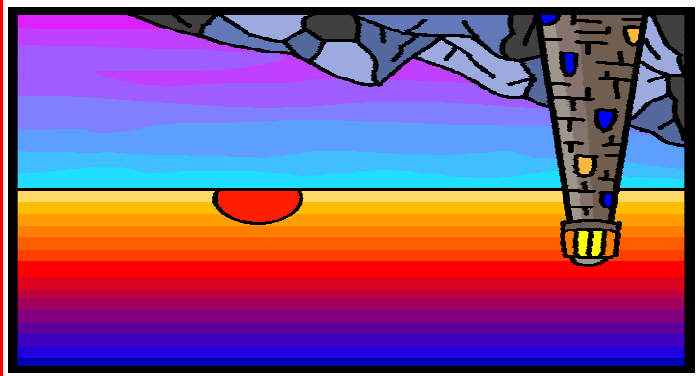
Promises From the Bible

Any temptation that comes to you is something that happens to many people. God is faithful. He will not let you be tempted more than you are able to bear. He will make a way for you to escape (get away from it).

I Corinthians 10:13

We must want to get away from doing wrong. The Holy Spirit is always near waiting to hear us ask for help. He will not force us to leave temptation, we have to want to please God more than to do the sin. We can give the Holy Spirit permission to work strongly on us to help us be good.

God knows we are weak. that is why He gave the Holy Spirit to help us. Do not let shame keep you from coming to God for help. It makes Him happy to know we want to please Him. He will not leave us to face temptation alone.



God can help in ways we never thought of. God has a better idea. Trust Him to work to help you. Watch and pray. See what He will do.

Isaiah 59:19

When the enemy comes in like a flood, the Spirit of the Lord will raise up a wall against him,

Psalms 50:15

Call upon me in the day of trouble, I will deliver (save) you, and you will give me the glory.

Promises From the Bible

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If we do not have faith, we can not please Him. The person who comes to God must believe that He is. And he must believe that God will answer those who truly seek Him.

Hebrews 11:6

Often we doubt that God will answer our prayer. We doubt that God really cares. We think God may answer other people's prayers, but He will not answer ours.

Satan would love to see us have doubts and fears about God. He does not want us to trust God. He will try to remind us of all the times we failed God. He will try to get us to think of all the reasons God should not answer our prayer.

Do not listen to those kind of thoughts. The only way we can please God is to have faith in Him and trust Him. Trust His love for us. Believe He is for us. He wants to help us.

