Promises from the Bible

"The Lord is nigh (near) unto all them that call upon him, to all who call upon him in truth (sincerely)." Psalms 145:18

Sometimes we feel that God is far away. Because of our own feelings—we think God has moved away from us.

It is our own feelings that make it seem that way. If anyone has "moved"—it is us—we have moved away from God.

He is as near as for us to say His name—and call on Him.

As you pray-your feelings will change-your spirit will open to God again.

Promises from the Bible

"The steps of a good man are ordered by the Lord; and He delights in his way.

Though he fall, he will not be completely cast down; for the Lord upholds him with His hand."

Psalms 37:23,24

For Christian people, God watches over our way in life. He sees each trouble that comes our way. He also sees where we do good and succeed. His plans may not be what we had dreamed for our life. ----Uet, He has a purpose for each thing that has happened to us.

He can use the bad things to work for good for us. If we make mistakes—He will pick us up and help

us to go on.



Promises from the Bible

"The Lord upholds all that fall, and raises up all those that be bowed down."

Psalms 145:14

The Holy Spirit watches over us. Sometimes we do wrong, we sin, we make bad decisions,

or we are sad— with many problems.

The Holy Spirit is there to lift us up again.

God is not waiting to punish us.

He is a Father who loves His children and feels bad when He sees us fall—or when we are sad and upset. Psalms 3:3 The Lord lifts up our head.

He is for us.

The Holy Spirit wants us to do well and succeed. He wants to help us to keep going.

Promises from the Bible

"Cast (Put) your burden upon the Lord, and he will sustain (keep) you; He will never allow the righteous to be moved (let you slip and fall)." Psalms 55:22

The important thing here is to put your burden on the Lord. If you keep holding onto your burden--it will become so heavy---you will give up. You may give up your faith and walk away from God---- thinking that He is not helping.

We try to do things ourself. But we need to learn to depend on God. Learn to give our burdens to God. To use our faith— to trust that God will help and give an answer to the problem. This is not always easy. Learning to do this, sometimes takes being determined to trust God. King David said, "My heart is fixed, O God, my heart is fixed: I will

sing and give praise." Psalm 57:7